



# SEPTEMBER



## Breakfast

| Sunday | Monday    | Tuesday               | Wednesday           | Thursday           | Friday      | Saturday |
|--------|-----------|-----------------------|---------------------|--------------------|-------------|----------|
|        | Breakfast | Nutra 1<br>Grain Bar  | Yogurt 2            | French 3<br>Toast  | Pop Tart 4  | 5        |
| 6      | Closed 7  | Nutra 8<br>Grain Bar  | Special 9<br>K Bar  | French 10<br>Toast | Pop Tart 11 | 12       |
| 13     | Cereal 14 | Nutra 15<br>Grain Bar | Yogurt 16           | French 17<br>Toast | Pop Tart 18 | 19       |
| 20     | Cereal 21 | Nutra 22<br>Grain Bar | Special 23<br>K Bar | French 24<br>Toast | Pop Tart 25 | 26       |
| 27     | Cereal 28 | Nutra 29<br>Grain Bar | Yogurt 30           | French<br>Toast    | Pop Tart    |          |