



FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Breakfast	2 Cereal & Fruit	3 Yogurt	4 Nutra Grain Bar	5 Poptart	6 French Toast	7
8	9 Cereal & Fruit	10 Special K Bar	11 Nutra Grain Bar	12 Poptart	13 French Toast	14
15	16 Cereal & Fruit	17 Yogurt	18 Nutra Grain Bar	19 Poptart	20 French Toast	21
22	23 Cereal & Fruit	24 Special K Bar	25 Nutra Grain Bar	26 Poptart	27 French Toast	28