



OCTOBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LUNCH			Mac & Cheese ¹ Carrots Watermelon	Chicken Pasta ² Salad Cucumbers/Ranch Banana	Cheese Pizza ³ Corn Sliced Apples	⁴
⁵	Hot Dogs ⁶ Potato Wedges Applesauce	Chicken ⁷ Parmesan Green Beans watermelon	BBQ Turkey Patty ⁸ Dinner Roll Mashed Potato Pineapples	Teriyaki Chicken ⁹ Brown Rice Peas Banana	Cheese Pizza ¹⁰ Salad Sliced Apples	¹¹
¹²	Chicken Nuggets ¹³ Potato Wedges Applesauce	Beef Chilli ¹⁴ Crackers Beans Watermelon	Mac & Cheese ¹⁵ Carrots Watermelon	Turkey Ham ¹⁶ Biscuit Baked Potato Banana	Cheese Pizza ¹⁷ Green Beans Sliced Apples	¹⁸
¹⁹	Corn dogs ²⁰ Potato Wedges Applesauce	Cheese ²¹ Quesadilla Pinto Beans Watermelon	Beef Sauce Penne ²² Salad/ Italian drs, Berry applesauce	Turkey Burger ²³ Sweet Pot. Fries Banana	Cheese Pizza ²⁴ Cucumber Sliced Apples	²⁵
²⁶	Bean/Cheese ²⁷ Burrito Corn Applesauce	Turkey Taco ²⁸ Potato Wedge Banana	Mac & Cheese ²⁹ Carrots pineapples	Chicken ³⁰ Salad Pasta Cucumbers with Ranch Banana	Cheese Pizza ³¹ Corn Sliced Apples	