



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning' Snack	Nutrigrain 1 Bar	Yogurt 2	Pop Tarts 3	Pancakes 4	5
6	Cereal 7 Canned Fruit	8 Nutrigrain Bar	Special K 9 Pastry Crisp	10 Pop Tarts	11 Pancakes	12
13	Cereal 14 Canned Fruit	15 Nutrigrain Bar	16 Yogurt	17 Pop Tarts	18 Pancakes	19
20	Cereal 21 Canned Fruit	22 Nutrigrain Bar	23 Special K Pastry Crisp	24 Pop Tarts	25 Pancakes	26
27	Cereal 28 Canned Fruit	29 Nutrigrain Bar	30 Yogurt	31 Pop Tarts		