



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Snack		1 Nutrigrain Bar	2 Special K Pastry Crisp	3 Pancakes	4 Pop Tarts	5
6	7 Cereal Canned fruit	8 Nutrigrain Bar	9 Yogurt	10 Pancakes	11 Pop Tarts	12
13	14 Cereal Canned fruit	15 Nutrigrain Bar	16 Special K Pastry Crisp	17 Pancakes	18 Pop Tarts	19
20	21 Cereal Canned Fruit	22 Nutrigrain Bar	23 Yogurt	24 Pancakes	25 Pop Tarts	26
27	28 Cereal Canned Fruit	29 Nutrigrain Bar	30 Yogurt			