

# Daycare Catering, Inc.



PS & SA	<b>October 2018</b>				
REVISED:	Monthly Meal Planner				
9-19-2018	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<b>1</b>	<b>2</b>	<b>3</b>	<b>4 National Taco Day</b>	<b>5</b>
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Hot Dog Apple Baked Beans Hot Dog Bun Milk	Pizza Burger w/ cheese Orange Garden Salad Hamburger Bun Milk	Chicken Finger "Go Wrap" w/ cheese Pears Carrots Tortilla Milk	Taco Rice w/ shredded cheese Banana Shredded Lettuce Chips Milk	Chicken Alfredo Melon Peas Roll Milk
Week 2	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Cheeseburger Apple Carrots Hamburger Bun Milk	Chicken Nuggets Tropical Mixed Fruit Garden Salad Bread Milk	Turkey Patty w/ cheese Orange Celery Hamburger Bun Milk	BBQ Chicken Sandwich w/ cheese Banana Coleslaw Hamburger Bun Milk	Chili Spaghetti w/ cheese Peaches Cucumber Slices Breadstick Milk
Week 3	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Meatball Hoagie w/ shredded cheese Apple Carrots Hot Dog Bun Milk	Chicken Fingers Pears Cucumber Slices Bread Milk	Mac-N-Cheese Orange Broccoli Roll Milk	Turkey Ham w/ cheese Wrap Banana Celery Tortilla Milk	Turkey Sausage Melon Diced Potatoes French Toast Milk
Week 4	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Boneless BBQ Beef Rib Patty Apple Coleslaw Hamburger Bun Milk	Chicken Fajita w/ shredded cheese Orange Shredded Lettuce Tortilla Milk	Cheeseburger Pears Carrots Hamburger Bun Milk	Chicken Nuggets Banana Broccoli Bread Milk	Turkey Breast & Gravy Peaches Green Beans Roll Milk
Week 5	<b>29</b>	<b>30</b>	<b>31 Happy Halloween!</b>		
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Meatloaf Apple Carrots Bread Milk	Breaded Chicken Patty Tropical Mixed Fruit Celery Hamburger Bun Milk	Mozza-roni w/ Meatballs Orange Garden Salad Breadstick Milk		
	<a href="http://www.daycarecateringservices.com">www.daycarecateringservices.com</a>			"This institution is an equal opportunity provider."	