

Daycare Catering, Inc.



Preschool-School Age	August 2018				
REVISED:	Monthly Meal Planner				
7-6-2018	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			1	2	3
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup			Hot Turkey Ham w/ cheese Wrap Pears Cucumber Slices Tortilla Milk	Chicken Fingers Banana Celery Bread Milk	Pizza Bread Peaches Broccoli Hoagie Bun Crust Milk
Week 2	6	7	8 National Zucchini Day	9	10
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Italian Steak Hoagie w/ cheese Apple Corn Hamburger Bun Milk	BBQ Chicken Sandwich w/ cheese Orange Cole Slaw Hamburger Bun Milk	Mozza-roni w/ Meatballs Pears Zucchini Slices Breadstick Milk	Chicken Fajita w/ shredded cheese Banana Shredded Lettuce Tortilla Milk	Baked Cheese Panini Melon Snap Peas Bread Milk
Week 3	13	14	15	16	17
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Hot Dog Apple Baked Beans Hot Dog Bun Milk	Breaded Chicken Patty Orange Mixed Vegetable Pasta Salad Hamburger Bun Milk	Turkey Sausage Berries Diced Potatoes French Toast Milk	Taco Rice w/ shredded cheese Banana Shredded Lettuce Chips Milk	Chicken Alfredo Peaches Zucchini Slices Bread Milk
Week 4	20	21	22	23	24
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Italian Meatball Hoagie w/ cheese Apple Green Beans Hot Dog Bun Milk	Chicken Wrap w/ shredded cheese Pears Garden Salad Tortilla Milk	Mac-N-Cheese Orange Cucumber Slices Bread Milk	Chicken Nuggets Banana Celery Bread Milk	Boneless BBQ Beef Ribs Melon Cole Slaw Hamburger Bun Milk
Week 5	27	28	29	30	31
M/MA 1 - 2 oz eq Fruit 1/8 - 1/2 c Veg 1/8 - 1/2 c Grains 0.5 - 1 oz eq Milk 1/2 - 1 cup	Hamburger Apple Carrots Hamburger Bun Milk	Chicken Fingers Orange Mixed Vegetable Pasta Salad Bread Milk	Turkey Patty w/ cheese Berries Broccoli Hamburger Bun Milk	Beef & Bean Burrito Banana Corn Tortilla Milk	Chili Spaghetti w/ cheese Peaches Cucumber Slices Bread Milk
	www.daycarecateringservices.com			"This institution is an equal opportunity provider."	